

POSITIVE STRATEGIES FOR DEVELOPING SELF-REGULATION
Federation of Foster Families of Nova Scotia
Participant Expense Claim

Date(s) of Workshop: _____ Location: _____

Module: _____ Names of Trainers: _____

Your name: _____ Phone Number: _____

Your mailing address: _____ Postal code: _____

E-mail address: _____

Your Expenses:

***Please complete Child Care portion on reverse of this form.**

Date & Module (list each day separately)	Kilometres Travelled	Total Travel Cost (multiply .5838¢ x km travelled)	Child Care (bring forward from back of form)	Lunch	Miscellaneous (must explain below & attach receipts)	Total
Totals:						

Explanation of miscellaneous items: _____

Signature of Participant: _____

Signature of Trainer: _____

Date: _____

NOTE: Please complete and submit to the Trainer who will sign and forward this form to:

**Training Department
 c/o Federation of Foster Families of Nova Scotia
 99 Wyse Road, Suite 350
 Dartmouth, NS B3A 4S5**

Babysitting Claim

Number of Child(ren)-in-Care: _____

Number of Biological/Adoptive Child(ren): _____

Date	From (a.m. or p.m.)	To (a.m. or p.m.)	Number of Hours	\$10.60/hour 1 st child. \$4.00/hour additional children/youth/adult

Your Signature: _____

Children, youth and or dependent adults who cannot be left unattended:

- \$10.60 per hour for the first child.
- \$4 per hour for each additional child.
- There shall be a limit of 2 full days (48 hours max).